

Governor Vetoes Bill Detrimental To Water Quality

Gov. Ron DeSantis' announcement that he vetoed Senate Bill (SB) 2508, made just minutes before, lent a celebratory mood to the June 8 business luncheon meeting of the Sanibel & Captiva Islands Chamber of Commerce at Marriott Sanibel Harbour Resort in Fort Myers.

One could call it "poetic justice" that the scheduled speakers for the meeting were water-quality authorities Eric Eikenberg, CEO of The Everglades Foundation, and Chauncey Goss, board chair of South Florida Water Management District. The two were on the docket to speak at an earlier meeting in February when the luncheon was canceled, and many involved dropped everything to head to Tallahassee to oppose the sudden appearance of SB 2508 on the political horizon.

"Some days, water quality advocacy is frustrating, like when you need to cancel a chamber water quality lunch, travel to Tallahassee, and speak for two minutes or 20 seconds to oppose a horrendous bill that was introduced in a manner that gave one opportunity for public input on extremely short notice," said John Lai, chamber president and CEO. "Then there are days like today, when that bill gets vetoed by the governor on the



Gov. Ron DeSantis made his announcement at a press conference on June 8 at Doc Ford's Rum Bar & Grille on Fort Myers Beach photo provided

same day that the water quality lunch is rescheduled. I love these days and the great organizations that we get to collaborate with."

The lunch was co-hosted by Florida Restaurant and Lodging Association (FRLA) and co-sponsored by Bailey's General Store and Captains For Clean Water. The latter headed up the last-minute efforts to block the passage of Big Sugar-skewed wording in SB 2508 in February and organized the June 8 press conference at Doc Ford's Rum Bar

& Grille on Fort Myers Beach, where the governor made his announcement.

"There were some things, some policy stuff, that were done during this legislative session – one of the bills that I know a lot of people were asking about, this 2508, it was going to try to change some of the stuff that was being done," said Gov. DeSantis. "And I just want to let you know that 2508, we have vetoed that today."

The announcement, met with applause, came during the governor's 30-minute speech about a new state budget, which

strikes some high notes for conservation efforts, including more than a billion dollars in funding for the Everglades and \$35 million to alleviate blue-green algae and red tide issues.

Captains For Clean Water co-founder Chris Wittman announced the governor's veto at the chamber luncheon. "Today is a monumental day for clean waters in Southwest Florida," he told the gathering of about 110 chamber and FRLA members. "When we are vocal, we see progress, and we see change. It was because of your voices and your ferocity that the governor vetoed that bill. Thank you for your commitment to our waters and your advocacy."

Eikenberg called it "a special day not only for the local economy here in this part of Florida but also for our beloved Everglades, our Caloosahatchee estuaries, and all these critical habitats." He reported that the "crown jewel" 32-foot reservoir south of Lake Okeechobee will be finished in 2029. "This is the decade for Everglades restoration," stemming from a 30-year commitment. "We're in the third and final decade," he added.

Sanibel resident Goss commented that "probably most of the people in this room went to Tallahassee," in February, and commended the current chamber administration for taking a strong water quality advocacy stance for the first time in chamber history. "There was a void there, and it's just made such an incredible change," Goss said. "I think back 15 years

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Pace Center Dress Collection Party On Sanibel

Pace Center for Girls, Lee will hold the next Love That Dress! collection party at Rachel Pierce Art Gallery on Sanibel on Thursday, June 23 from 5 to 7 p.m.

Hosted by local artist Rachel Pierce and Sanibel Mayor Holly D. Smith, the evening will include drinks, appetizers and prize drawings as well as a chance to take home a signature tote from Pierce filled with merchandise including coasters, a Tervis cup and notecards.

Guests can learn about Pace Center for Girls and donate gently used dresses to support the Love That Dress! fundraiser. Donations will be accepted prior to the event and can be dropped off at the gallery, located at 1571 Periwinkle Way, from 10 a.m. to 5 p.m. Monday through Friday and 11 a.m. to 4 p.m. on Saturday.

Love That Dress! features shopping and silent auctions with all proceeds benefiting Pace programs and services in



An interior view of Rachel Pierce Art Gallery photo provided

Lee County. With a series of collection events to help build inventory, the fundraiser culminates with what is

described as the ultimate feel-good shopping spree of the year.

Proceeds from Love That Dress!

provide academic programs and counseling services to girls and young women ages 11 to 18 who are working to overcome risk factors such as poverty, substance abuse, domestic violence, foster home placement, neglect, grief, incarceration of a family member, mental health, and physical, emotional or sexual abuse.

In August 2021, the Love That Dress! fundraiser featured a record-breaking collection of 9,000 high-quality, new boutique and gently used dresses, shoes, handbags and accessories, helping raise \$65,000.

Registration is not required to attend, however, donations of gently loved dresses are encouraged.

Known for her coastal creations and abstract beachscapes, Pierce paints bright, modern original art reflecting the natural beauty and abundant wildlife found only in Southwest Florida. This year, the Florida-inspired artist and former TV anchor opened Rachel Pierce Art Gallery on Sanibel, where she sells and exhibits her fine art originals, along with a variety of home goods and clothing items.

To learn more about Pace Lee and its programs, visit www.pacecenter.org/locations/lee or call 425-2366.✧

Historic Downtown Fort Myers, Then And Now:

Woman’s Exchange



by Gerri Reaves, PhD

Most people are familiar with consignment, thrift, or charity shops, but before those terms came into common usage, there was the nonprofit Woman’s Exchange (aka Women’s Exchange). Such shops were organized and operated by and for women, many of whom were philanthropists. Well-known women such as Louisa May Alcott and Julia Ward Howe were significant figures in the early movement in the U.S. The shops gave women a way to sell handiwork such as embroidery, sewing, or edibles and earn money anonymously without working outside the home.

Cooperation among women and self-help were key concepts. In essence, the movement aided women in becoming self-sufficient small-scale entrepreneurs in an era when respectable women were not expected to work outside the home. The U.S. exchange movement began in 1832, when the Philadelphia Ladies’ Depository was established, and it accelerated post-Civil War. Some exchanges expanded to offer boarding, vocational training, workspace for self-employed women and tearooms, which became another way to attract fashionable well-off women and fund the enterprise. In early 20th century downtown Fort Myers, the exchange was located within another woman-run business rather than its own storefront. It also moved fairly often. In the mid-19-teens and 1920s, the exchange bounced around town and was featured in regular ads for the “host” businesses. Mrs. JA English hosted the exchange in her millinery shop in at least two locations. In 1914, the millinery business and exchange were located on the southwest corner of Jackson and Bay streets, next door to Western Union. Advertisements touted “exclusive millinery, notions,” as well as the woman’s exchange. Today, the



The Woman’s Exchange was located in a millinery shop in the balconied Bradford Hotel Annex in the mid-19-teens. This westward view from First and Jackson was taken in 1919. photo courtesy SWFL Historical Society



The former location of the millinery shop and Woman’s Exchange today photo by Gerri Reaves

Fort Myers Community Redevelopment Agency is located on the ground floor of that two-story brick building. By the following year, English had moved the shop to a more prominent location, on First Street in the easternmost storefront of the Bradford Hotel Annex, where it featured millinery, notions and ladies’ ready-to-wear. By December 1916, the exchange had migrated yet again, this time to the Gift Shop on Hendry Street, two doors north of the post office, which was on the northwest corner at Main. The gift shop’s array of merchandise included everything from balls of embroidery and crochet cotton, silver jewelry and Florida souvenirs to alligator goods, beads and hand-painted china. For that Christmas season, all store prices were reduced by 20 percent, except “fancy work” in the exchange. After all, profits from exchange merchandise were intended to benefit women in need, so why reduce prices? In July 1923, Mrs. Ione Llewellyn, proprietress of Ye Smile Shoppe, announced that the exchange had moved into her shop from the Heitman-Theatre Arcade. It remained there at least until early 1924, when Llewellyn advertised that it had relocated with her to a new location on Main Street. The shop had an “up-to-date dress-making and designing department” and was located one door west of the entrance to Tonnelier Court (today’s Patio de Leon) in a storefront that is now part of a nightclub. The exchange movement survives today, although it is skeletal compared to its heyday. Despite its hopscotch history in early Fort Myers, the sale of those woman-crafted goods no doubt benefitted many families. Visit the former locations where the Woman’s Exchange made a difference to women who needed work and an income. Then visit the following two research centers to learn more about the history of those prime retail storefronts. The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information. The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org. Also stop by the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org. Sources: Archives of the Souhwest Florida Historical Society, the Fort Myers Press, www.encyclopedia.com and <https://en.wikipedia.org>.✧

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Immokalee Foundation Team Red is Sus captured top honors at the high school level photos provided

Winners Of The Annual Model Water Tower Competition

The Florida Section of the American Water Works Association (FSAWWA) Region V announced the winners of the 2022 annual Model Water Tower Competition, which provides STEM learning opportunities to elementary, middle and high school students. Students were asked to design a functioning water tower and work through design challenges just like water professionals do in the real world. Cash prizes were given to the top winning teams from the three



Babcock Neighborhood School Team BNS Middle School was the best at the middle school level

levels of school. This event was held at the Emergent Technologies Institute at Florida Gulf Coast University in Fort Myers.

The competition brought together students and teachers from a three-county region (Collier, Hendry and Lee). The objective of the yearly competition is to make participants aware of the importance of reliable drinking water and the rewarding opportunities available in the water profession. Model water towers were of any design and constructed from any materials. The best model water towers were selected based on four criteria, including structural efficiency, hydraulic efficiency, cost efficiency and design ingenuity.

The first place winners for the competition were:
The Immokalee Foundation, Team: Red is Sus (High



Babcock Neighborhood School Team Old Time Water Tower took first place at the elementary school level

School)

Babcock Neighborhood School, Team: BNS Middle School (Middle School)

Babcock Neighborhood School, Team: Old Time Water Tower (Elementary School)

Ingenuity Judges for the competition included Jon Iglehart, south district director of the Florida Department of Environmental Protection; Sarah Catala, executive director at Immokalee Water & Sewer District; and Kim Hoskins, director of engineering at Bonita Springs Utilities.

For more information, contact Karen Miller, FSAWWA Region V chair, at 215-3910 or karen.miller@ghd.com. Individuals interested in learning more can also visit www.fsawwa.org.

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Fort Myers Art:

Sponsor Needed For Upkeep Of Iconic Sculpture



by Tom Hall

The City of Fort Myers Public Art Committee is looking for a sponsor for *The Spirit of Fort Myers*. Popularly known as *Rachel at the Well*, she's the Grecian maiden

pouring water from an urn who greets residents and visitors entering Edison Park from McGregor Boulevard.

The maiden turned 96 this past April 8. While most, if not all other sculptures created a century ago were chiseled from a block of granite, marble or some other stone, Rachel is made of stone substitute applied in layers over a skeleton frame. It's held up well since being completed by German sculptor Helmut von Zengen in 1926, but like any figurative art piece that's exhibited outdoors, Rachel requires biennial, if not annual, maintenance. In Rachel's case, this is particularly important not only because of the effects of Southwest Florida's heat, humidity and searing UV sunlight, but because she continually pours water from her urn into



The Spirit of Fort Myers, also known as Rachel at the Well photo courtesy www.artswfl.com

a basin at her feet.

While concrete is characteristically impervious, over time water cascading even small distances can cause scaling, which is the technical term for peeling or flaking. If untreated, this scaling can lead to gouges and other progressive losses. In extreme cases, it can ultimately lead to failure of whole sections of the statue and appurtenant structures. Rachel's condition is not yet this dire, but it is not wise to delay treatment too long, especially with the advent of the summer rain and

hurricane season.

Because of the sculpture's age, the way it was made and the materials that von Zengen used, Rachel's repair and maintenance requires the education, training and experience of expert conservators. In 2017, the city's public art committee brought in a team with an international reputation – Miami-based Rosa Lowinger & Associates (RLA). It took RLA the better part of a week to fix the decades-old damage, which included cracking and spalling caused by the minerals leaching from the lead pipes that delivered water to the statue, and degradation of the statue's surface by some 46 layers of alternating green and white paint. (For more than a quarter of a century, Rachel was painted green each year by Fort Myers High School students to celebrate homecoming, and then white again by the city, and this irritated local residents.)

This past February, RLA's conservation team returned to conduct routine maintenance, but they found that the artwork had deteriorated significantly since 2017. Although the technicians washed the sculpture, pool and stairs and removed the mold and black biological growth that had built up on the stone since its 2017 conservation, the sculpture needs additional work. Those holes caused by Rachel's cascading water need to be filled in with an aggregate that's consistent with the material that von Zengen used when he created the sculpture. There are also cracks that require injections of epoxy to prevent further spalling and keep water from penetrating into the statue's core. Once that's accomplished, both the maiden and the basin need to be repainted with a special moisture-resistant product.

RLA estimates the cost of this additional work at \$7,500. To prevent further damage and decay, RLA also strongly recommends that they return no less than every two years to clean and do needed patchwork before the water and weather create larger holes, losses and cracking in the statue and the basin at Rachel's feet. The cost of

this every-two-years treatment ranges between \$2,500 and \$3,000.

The city's public art committee can only cover a portion of these costs, so it is looking for an individual, group, corporation or organization to sponsor *The Spirit of Fort Myers* so that Rachel will look as good on her 100th anniversary as she did when she was dedicated on April 8, 1926.

The committee intends to make it worth the sponsor's while. Besides the satisfaction that comes from helping preserve this artistic landmark that is the city's second oldest public artwork, Rachel's sponsor will derive a host of branding and advertising benefits. Those perks are established by the Sponsor-a-Sculpture program that the city established in 2021.

The Sponsor-A-Sculpture program is a project whereby various citizens, groups or businesses adopt one of the city's outdoor public artworks or sculptural installations for purposes of ensuring that they are at all times properly maintained. But unlike the city's Adopt-A-Road or Adopt-A-Park programs, participants do not clean or perform needed maintenance work on the sponsored sculptures. Rather, sponsors underwrite the costs of having an experienced team of art experts (such as RLA) do this delicate, highly-specialized work.

The program rewards sponsors by displaying the sponsor's name and logo (if any) at the artwork and on Otocast, a free mobile phone app that tells residents, shoppers, tourists and other visitors all about the art they see downtown and in art hubs throughout the city. Through Otocast, sponsors' names and logos garner tens of thousands of impressions every day, not only locally from passing motorists, but with people around the world who are planning trips to Southwest Florida. And not only do sponsors get recognition for being culturally conscious and increase their brand awareness, they also get to meet and enjoy networking opportunities with the conservators who maintain the artworks and the public art professionals who administer and promote the city's growing public art collection.

Sponsor-A-Sculpture was launched to address the public art committee's chronic funding shortage. Under the ordinance that created the committee and associated public art program, the city only makes contributions to the public art fund when it initiates a capital improvement project. Sponsorships will aid and assist the committee in this vitally important work.

The public art committee hopes to split the anticipated \$10,000 in cost with The Spirit of Fort Myers' eventual sponsor, whose participation will earn them sponsorship rights for the next two years. If interested, visit www.cityftmyers.com/2068/get-a-quote, or contact Tom Hall, the city's public art consultant, at tom@artswfl.com or 691-2292.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.*

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LEE COUNTY TOURIST DEVELOPMENT COUNCIL

Local Volunteer Lifesaving Award

The Florida Gulf Coast to Heartland Chapter of the American Red Cross recognized local volunteer Tony Nazzaro with a Lifesaving Award for using lifesaving skills to save a life.

Emergencies can happen at any time and, regardless of when and where they occur, emergency situations usually have one thing in common – a crowd of people standing around, watching someone in distress, wondering who should act and trying to remember what to do.

On November 10, 2021, Nazzaro, who previously completed an online American Red Cross Adult First Aid/CPR/AED course, helped to save the life of a man who collapsed suddenly at the CenturyLink Sports Complex in Fort Myers. A bystander started CPR while Nazzaro ran over to the victim and yelled out for someone to retrieve the AED. He took over CPR while another gentleman was on the phone with 911 and another bystander brought over the AED. He continued giving CPR, and then switched with another bystander so he could apply the AED pads. They gave the all-clear and delivered a shock followed by another cycle of CPR with another shock from the AED. Nazzaro gave rescue breaths while another bystander performed chest compressions. They continued CPR until the paramedics arrived and the



From left, Jill Palmer, Tony Nazzaro and Jim Mahon

photo by Paul Bonasia

victim was transported to the hospital. Without a doubt, the skills learned in the American Red Cross Training Services course helped to save the life of this gentleman.

For his actions, Nazzaro has been awarded the American Red Cross Certificate of Merit. This is the highest award given by the American Red Cross to an individual or team of individuals who saves or sustains a life by using skills and knowledge learned in an American Red Cross Training Services course. The certificate bears the signature of the president of the United States, who is the honorary

chairman of the American Red Cross, and the signature of the chairman of the American Red Cross.

Nazzaro was awarded during a volunteer recognition event attended by Red Cross staff, volunteers and board members.

"Since 1911, the Red Cross Lifesaving Awards have recognized those who, in an emergency, use their lifesaving skills and knowledge to save or sustain a life. Tony's actions demonstrate the highest degree of concern of one human for another who is in distress," said Jill Palmer, executive director of Florida Gulf Coast

to Heartland Chapter. "The Red Cross has awarded over 1,844 individuals with lifesaving awards resulting in more than 924 lives saved. Tony is now among a very special group."

Take a First Aid and CPR Course online to learn what to do in case emergency help is delayed. A variety of online, blended (online and in-person skills session) and classroom courses are also available. To learn more and get started, visit www.redcross.org/takeaclass.

President's List

Five students from Fort Myers were named to the president's list for the spring 2022 semester at Tallahassee Community College. They are Hiram Thomas, Allie Shimko, Blake Harris, Carson Beisner and Miranda Leonard.

Students must earn a 4.0 grade point average to receive the president's list recognition.

Dean's List

Kendra Geddeis of Fort Myers was named to the dean's list for the spring 2022 semester at Bradley University in Peoria, Illinois. Geddeis is majoring in nursing.

To be eligible for the dean's list, a student must achieve a minimum 3.5 grade point average for the semester on a 4.0 scale.

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Charity Group Boosts Real Estate Scholarship Fund

Scott Fischer Charities recently presented the Paul Sands Memorial Real Estate Investment Society (REIS) Scholarship Fund at Florida Gulf Coast University (FGCU) with a check for \$30,000 to encourage and support students interested in commercial real estate and related professions.

The funds were raised through the generosity of sponsors and golfers at the 25th annual Paul Sands Memorial Slaw Dog Invitational golf tournament organized each year by Scott Fischer and Lisa Sands who have carried on the tournament in memory of Paul and his impact on the community. Lisa Sands presented the check to Realtor Bev Larson at the REIS luncheon in March.

“We were so humbled by the continued generosity of Slaw Dog Invitational sponsors and golfers at our 25th annual event,” said Fischer, founder of Scott Fischer Charities and owner of Scott Fischer Enterprises. “Together, we raised more than we ever have in the event’s history, which allows us to make an even greater community impact.”

Paul Sands was a local rainmaker with an award-winning career in commercial real estate whose passing



Lisa Sands presents a \$30,000 check to Bev Larson on behalf of Scott Fischer Charities photo provided

in 2010 was a huge loss to Southwest Florida. Fischer and Lisa Sands have carried on the invitational tournament in memory of Paul and his legacy impact on the community. What started on a whim as two close friends reflecting on the upcoming holidays after a round of golf has grown into one of the most highly anticipated annual charity golf tournaments in the area. The first Slaw Dog Invitational raised \$5,000. By 2021, when it was in its 25th year, it raised \$106,000 to help support the youth in Southwest Florida.

Fischer is a founding member of the Board of Directors for Blessings

in a Backpack Southwest Florida, and Paul Sands was passionate about the Real Estate Investment Society (REIS) Scholarship Fund at Florida Gulf Coast University (FGCU), playing a key part in its growth. These two organizations have become the annual fundraising recipients of the invitational. This year, Valerie’s House also benefited from the proceeds.

For more information or to become a sponsor of the Slaw Dog Invitational, visit www.sfe-us.com/sl原因-dog-invitational.✽

Grant To Provide Scholarships For Youth Clubs

The Boys & Girls Clubs of Lee County received a \$40,000 grant from the Richard M. Schulze Family Foundation to provide additional access and enhance summer programs for members.

The grant will provide scholarships to children and teens attending the Summer Enrichment Program in addition to supporting the Boys & Girls Club’s “Summer Smarts” curriculum, which is designed to reduce summer learning loss through project-based reading and STEM activities.

It’s estimated that three in four youth lack access to high-quality summer programs, leaving them at risk for significant summer learning

loss. Additionally, one in five young people have no place to go after school, leaving them potentially unguided, unproductive and unsafe. Experts pinpoint high-quality after-school and summer programs as critical to the future of youth.

“The Richard M. Schulze Family Foundation is proud to partner with the Boys & Girls Clubs of Lee County,” said Mary Beth Geier, Florida director for the Richard M. Schulze Family Foundation. “We recognize the important work they do to serve the youth of our community by providing valuable after-school and summer opportunities for children. We look forward to watching them grow and, equally important, watching them change the lives of youth of the community through engaging programs and activities.”

Through support from charitable organizations, local businesses and area residents, the Boys & Girls Clubs of Lee County can fulfill its mission to enable all young people to reach their full potential as productive, caring and responsible citizens.

“We are so appreciative of the Schulze Family Foundation’s generous support to help us provide a safe, positive, inclusive place for kids this summer to build relationships, broaden their minds and make lifelong memories,” said Julie Todaro, vice president of resource development.

To learn more about the Boys & Girls Clubs, visit www.bgcllee.org.✽

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 10:30 a.m. in house and live on Facebook. Adult Ed Forum 9:15 a.m. in Sanctuary, www.allfaithsuu.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM
Friday Shabbat services every week 7:30 p.m. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY
Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.

REDEEMER CHURCH
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 9 and 11 a.m. English, 10 a.m. Spanish. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST
Sunday 10 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcforymyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD
Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonast

[ery.org](http://www.ery.org), 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Saturday 5 p.m.; Sunday 8, 9:30 and 11 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.

Email changes to press@islandsunnews.com or call 395-1213.✽



Native coontie was once intensely harvested for the flour made from the starchy root
photos by Gerri Reaves

Plant Smart

Coontie Curiosities

by Gerri Reaves

Native coontie's (*Zamia integrifolia*) very existence is chief among its many curiosities, since it belongs to a "relict" classification of plants, remnants of ones that were abundant about 325 million years ago.

This species is the only native member of the sago-palm family in Florida. In the wild, it's found in hammocks, pinelands and shell mounds.

It's slow-growing, and harvesting and habitat loss have threatened wild populations. The State of Florida lists it as "commercially exploited."

The International Union of



Coontie's emerging leaf stems resemble unfurling fern fronds

Conservation of Nature (IUCN) rates it as "near threatened," according to IUCN Red List criteria.

Other curiosities include a strong resemblance to ferns, although it's not a fern, and the two types of cones: male, or pollen cones; and female, or seed cones.

The fact that the plant bears cones hints that it is more closely related to pines than to ferns, despite the "fronds."

When new coontie leaves unfurl, they are reminiscent of a fern or palm frond. The stiff evergreen pinnate leaves have linear leaflets up to three feet long and are sometimes twisted.

The narrowly cylindrical male cones are about seven inches long, with brown scales and interior pollen sacs.

The brown fleshy female cones are squatter than the male ones and six to eight inches long. Rounded with blunt



Male cones bear pollen

tips, they produce bright red-orange seeds.

Upon maturity, the cone covered with brown hairs swells and breaks apart to release the seeds.

Coontie couldn't be more low maintenance. It endures full sun and heat and is highly drought tolerant but not salt tolerant.

It's an excellent choice as a groundcover or a replacement for high maintenance turf grass.

This ancient cycad is the larval host for the atala butterfly and echo moth, and the seeds feed a variety of birds, insects, and small mammals.

Another name, Florida arrowroot, derives from its use as a main food source for indigenous people, including the Seminoles in Florida. Early white settlers also harvested the starchy root



Female cones bear bright red-orange seeds, a food source for wildlife

for the flour.

The plant contains the toxin azoxy glycoside cycasin, which is removed in the harvesting process. Take caution to keep pets and children away from the plant.

Sources: *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Growing Native* by Richard W. Workman, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Right Plants for Dry Places* by Sheryl Bowman et al., *Wild Plants for Survival in South Florida* by Julia F. Morton, <http://floranthorthernamerica.org>, www.fnps.org, www.regionalconservation.org, and www.wildflower.org.

Plant Smart explores the diverse flora of South Florida.✱

Fort Myers Beach Rec Campus And Pool Hours

Bay Oaks Recreational Campus at 2731 Oak Street and the Fort Myers Beach Community Pool at 2600 Oak Street are operating with the following summer hours:

Bay Oaks Recreational Campus will be open Monday through Friday

from 8 a.m. to 5 p.m. with Summer Camp and the Weight and Cardio Room available during those hours. The campus will also be open Saturday from 8 a.m. to 3 p.m. with Open Gym available noon to 2 p.m. and the Weight and Cardio Room available 8 a.m. to 3 p.m.

Pickleball will be offered Tuesday and Thursday from 10:30 a.m. to 1 p.m. and Saturday from 9 a.m. to 11 a.m.

Youth Basketball Camp is offered twice a week on Tuesdays and Thursdays from 5 to 6:30 p.m. starting

June 21. Registration is required. Contact Jimmy DeMilia at 765-4222 for more information.

The Fort Myers Beach Community Pool will be open Monday through Sunday from 9 a.m. to

5 p.m. Additional programs include water aerobics, swim lessons and summer camp.

For more information, visit the Bay Oaks page under Things To Do at www.fmbgov.com.✱



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Tarpon Frustration



by Capt.
Matt Mitchell

With tarpon trips all this past week, I cannot remember in my guiding career having such a bad streak. Although we found tarpon everyday, no

matter what I did I just could not get my clients hooked up. We sat in a group of other guide boats in several well-known tarpon highways and, at times, had lots of fish passing right through our bait spread over a five-day period. The only thing that may have made this agony worse is if other boats around were hooking up. That was not the case. Over this five-day period, I may have seen a total of two tarpon caught.

Frustration and tarpon fishing can go hand in hand, and it is definitely part of the game. It's not that unusual to be in tarpon and not get a bite as they fin or basically give you the finger as they pass by. All you can do when this happens is continue to present different groups of passing fish with an assortment of baits. Downsizing leader and baits can often be the difference to get that bite.

No matter how long I'm lucky enough to tarpon fish, I don't think I will ever quite know what was different from the day you hook four fish to the



John Scott from Illinois with a snook caught with Capt. Matt Mitchell this week

photo provided

very next day you can't get a single bite. During this time of year, many of the tarpon we locate are in daisy chains and exhibiting mating behavior. The last thing on their mind is eating. The tarpon we look for are the ones that are slowly rolling and have very little movement to them. They are often just raising up. From the way tarpon show themselves, it's often possible to know if they will respond to a bait. Fast-moving, high-rolling fish are almost impossible

to catch.

Without a doubt, our best tarpon bite will come in the fall. Although these fish are a little harder to locate than our spring fish, they are packing on calories before they migrate south and are thinking food not love. Often these fish can be found out along the beaches on massive schools of fry bait. Without a doubt, this is the most wide open tarpon bite we ever get. Casting baits to cruising tarpon results in hookups.

The difference between spring and fall tarpon fishing can be night and day.

Tarpon fishing, like most things in life, requires patience for success. With or without a bite, presenting baits to pods of fish is as exciting as it gets. When it boils right down to it, if you put baits in front of enough tarpon, you will get that magical bite.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.

From page 1

Water Quality

ago when SCCF (Sanibel-Captiva Conservation Foundation) and the chamber wouldn't even talk to each other. They were probably suing each other. Now we're working together... Today's the culmination of that."

Goss went on to report about the progress of various projects leading to the end goal of fewer harmful algal blooms, a situation that has seen improvement in past years due to regulated discharges from Lake Okeechobee and grassroots movements.

"So many chamber members and islanders made a stand in Tallahassee in February," said Lai, who was among constituents who made the pilgrimage. "This is a sweet victory for us all. This is why we advocate so heavily as an organization representing the business community. Our government affairs committee has prioritized water quality as the number one threat to our businesses. SB 2508 caught us by surprise, but our community's response to our calls to action and our ability to mobilize quickly proved that we remain vigilant."

The next business luncheon will be held on Wednesday, July 13 at Thistle Lodge at Casa Ybel Resort on Sanibel. It will feature speaker Catherine Curtis, director of resort and hospitality management at Florida Gulf Coast University. Members will receive emails about registration.

For more information, visit www.sanibel-captiva.org.

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Mottled Ducklings



by Bob Petcher

The mottled duck (*Anas fulvigula*) is known to be a surface feeder and not much of a diver when it comes to food. It is roughly the same size of a mallard, but is distinguishable by

richer colors, its yellow bill and a black patch at the opening of its bill.

Unlike most dabbling duck species, the mottled duck stays with their mate well into the incubation period and beyond. Ducklings tend to be fluffy and dark brown with pale yellowish faces and a dark eyeline.

At CROW, eight nestling mottled ducklings were admitted after they were found in a storm drain on Fort Myers Beach with no mother in sight. Upon initial examination, veterinarians noted they appeared to be clinically healthy.

"The mother had abandoned the babies after they were trapped overnight in a storm drain so, in this case, there was a low likelihood of reuniting the babies with their mother," said Dr. Charlotte Cournoyer, CROW veterinary intern.

Baby birds or animals without the presence of a parent or guardian nearby can be a sign that the immature creatures



Patients #22-2866 through #22-2873 share some tub time

photo by Haillie Mesics

have been left either intentionally or unintentionally.

"It depends on the specific case, but if the babies are well hydrated and in good body condition — not thin, not injured — then we recommend monitoring the nest site from a distance for 12 to 24 hours depending on the situation to determine if intervention is needed," said Dr. Cournoyer.

While it doesn't apply in this particular case, the main focus of CROW's "If Your Care Leave It There" program is that a human is never a young animal's best chance of survival.

"Often, people inadvertently assume that babies that are alone need to be

rescued, but in most cases, the parent is out foraging for food or is nearby but not wanting to draw attention to the nest site, and only visits a couple times a day," said Dr. Cournoyer. "If you find baby wildlife and are unsure if intervention is required, please call us at CROW and we can help determine if the babies need medical attention or if they are truly orphaned."

In the eight days since admittance, the siblings have been receiving daily enrichment, nutrition and supportive care while they continue to grow in rehabilitation.

"These ducklings are receiving supportive care to ensure they grow up properly, (including) starter duck chow diet

and tub time multiple times throughout the day," said Dr. Cournoyer.

Temperature regulation is needed for these immature patients, who are capable of flight at approximately 60 to 70 days of age.

"Tiny ducklings need to be provided with a heat lamp when they first come out of the tub to prevent them from becoming hypothermic, otherwise at this age, they huddle together to keep each other warm when they're bedded down in their enclosure," said Dr. Cournoyer. "Once they become older, they will be moved to an outdoor enclosure so they can learn to fly."

The young patients will need some time at the clinic to go through their growing process.

"These ducklings will stay at CROW until they're fledging. They get most of their food as they're swimming, but it is important for them to be able to fly before release so they can easily evade predators," said Dr. Cournoyer. "The ducklings will be released together in an appropriate habitat nearby the area they were rescued. It will likely be at least another four to six weeks before they're ready for release."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.



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Community Helps With Hurricane Kits



The Fort Myers Mighty Mussels volunteered to pack hurricane preparedness kits for homebound seniors in Lee County recently photo provided

Florida Power & Light Company (FPL) partnered with Community Cooperative as well as the Fort Myers Mighty Mussels and Meals on Wheels volunteers to distribute hurricane meal kits to seniors in Lee County. The hurricane meal kits include a three-day supply of nutritious shelf-stable foods for breakfast, lunch and dinner.

The kits also include water and snacks to help homebound seniors after a storm. Together, the members of the partnership are distributing more than 400 hurricane preparedness kits to ensure they have access to water and nutritious food for up to three days following a storm.✱

Funding Set For School-Related Programs

The Lee Board of County Commissioners approved agreements with local organizations associated with the federal American Rescue Plan Act Recovery & Resilience program for extended learning and after-school programs that address educational disparities. The following agreements are for funding of a total of \$1.6 million

through December 31, 2024:
Big Brothers Big Sisters – \$227,413;
Boys and Girls Club – \$260,000;
The Heights Center – \$407,891;
New Horizons – \$213,786; and
YMCA – \$490,910.
The organizations are required to report quarterly to Lee County on project progress and performance. County officials will review and submit the required quarterly and annual reports to the U.S. Treasury with information related to each of these projects. Through the American Rescue Plan Act, Lee County was provided \$149 million in funding to support the

local response and recovery from the COVID-19 public health emergency. The funds are designed to assist governments in responding to the pandemic, addressing its economic impact and establishing a foundation for a strong and equitable recovery. Funds are being allocated for infrastructure, public health, negative economic impacts, revenue replacement and more. For more information, visit www.leegov.com/arpa.✱

Online Courses For Anglers

The Florida Fish and Wildlife Conservation Commission (FWC), UF/IFAS Extension and Florida Sea Grant have teamed up to develop the Florida Friendly Angler course. This free online course is for both new and experienced anglers looking to educate themselves on fisheries management and up their fishing game by learning skills and practices that help ensure fishing opportunities for the future. The course is comprised of three self-paced modules that cover environmental ethics, best fishing practices and fisheries management. These narrated presentations can be accessed any time after registration. Upon finishing the course, you will receive an electronic certificate of completion and will be mailed a Florida Friendly Angler decal by providing your contact information. Register for the course at <https://ifas-seagrants.catalog.instructure.com/courses/florida-friendly-angler>.

For more information, contact course administrator Savanna Barry at savanna.barry@ufl.edu or Mike Sipos at sipos624@ufl.edu. If you a for-hire fishing guide, check out the Florida Friendly Fishing Guide course to gain multiple benefits for your business. Visit www.flseagrants.org/florida-friendly-fishing-guide-certification to register.✱

College Degree

Grace Giancola of Fort Myers graduated with a bachelor of science degree in public communication at the University of Vermont in Burlington, Vermont.✱

Repairs Approved For Twins Stadium

The Lee Board of County Commissioners approved an agreement for repairs to the boardwalk at Hammond Stadium and to authorize use of Tourist Development Tax funds to pay for waterproofing. Bliss & Nyitray Inc. (BNI) was the structural engineer of record for the renovation of Hammond Stadium in 2014 and 2015 and acknowledges structural design errors were a contributing factor of deficiencies requiring repair. The company has agreed to pay the cost of remediation of structural issues. Lee County has requested that BNI apply a protective coating to the boardwalk during the remediation process, using proceeds from the Tourist Development Tax on short-term lodgings. The protective coating work had been previously planned and budgeted for as a stadium improvement. The work is expected to begin this summer. The county will coordinate with the Mighty Mussels as their season progresses. The approved work is anticipated to be the final step in the Hammond Stadium repair process after a structural review and boardwalk reinforcement.✱

Locals Earn Dean's List Honors

Hannah Upton of Fort Myers and Caleigh Kenna-Shadrack of Cape Coral were named to the dean's list for the spring 2022 semester at Lee University in Cleveland, Tennessee. Dean's List recognition is earned by full-time students with a semester grade point average between 3.7 and 4.0. Alexander Cubbage of Cape Coral and Emily Stewart of Fort Myers were named to the dean's list for the spring 2022 semester at Lehigh University in Bethlehem, Pennsylvania. The honor is granted to students who earned a scholastic average of 3.6 or better while carrying at least 12 hours of regularly graded courses.✱

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From left, Mary and Scott Fischer with Angela Melvin

photo provided

Two Extra Donors Triple Funds For Grieving Children

Scott Fischer Charities has helped raise \$60,000 for Valerie's House to assist with its mission of helping children and families work through the loss of a loved one together and go on to live fulfilling lives.

The donation was originally \$20,000 raised through the generosity of sponsors and golfers at the 25th annual Paul Sands Memorial Slaw Dog Invitational organized each year by Scott Fischer and Lisa Sands. Upon learning of Valerie's House and empathizing with its mission, two additional donors matched that amount, tripling the total donation to \$60,000.

"We were so amazed by the generosity of Slaw Dog Invitational sponsors and golfers that resulted in a record-breaking 25th anniversary charity golf event," said Fischer, founder of Scott Fischer Charities and owner of Scott Fischer Enterprises. "To be able to triple the amount of our donation to Valerie's House is just incredible and will truly have a greater impact on these children and their families who are suffering unimaginable loss. To know that they are not alone, and that together we can help them through one of the most challenging times of their lives is so important as they try to move forward."

The vision of Valerie's House is that no child will grieve alone. With locations in Fort Myers, Naples, Charlotte County, and Pensacola, Valerie's House is a special place where children connect with one another and learn the tools to heal after they have experienced the death of someone they love, and that loss doesn't have to limit their dreams. The dedicated staff and many of the volunteers have lived this journey and genuinely want to help children find hope.

"All of our resources go directly to providing a safe place for children to share, grieve and grow, and that includes programs for the parents or caregivers in the family too," said

Angela Melvin, founder of Valerie's House. "Our services are free of charge for grieving families, and children can remain in the program for as long as they need. The generosity of the community through volunteering and donations like this make all the difference in the world."

Fischer and Lisa Farrell-Sands have carried on the invitational tournament in memory of Paul Sands and his legacy impact on the community. What started on a whim as two close friends reflected on the upcoming holidays after a round of golf, has grown into one of the most highly anticipated annual charity golf tournaments.

The 25th Annual Paul Sands Memorial Slaw Dog Invitational was held on Wednesday, December 15, 2021 at the Cypress Lake Golf Club.*

Republican Women To Meet

The Fort Myers Republican Women's Club will hold a candidate forum during its luncheon meeting at The Helm Club at The Landings Yacht, Golf & Tennis Club on Tuesday, June 21. A social hour begins at 11:15 a.m., followed by the noon lunch and the candidate forum, which will feature Republican candidates for Lee County School Board, Districts 4 and 6. There will be opening and closing remarks as well as a question-and-answer session.

The public is invited to attend the luncheon and the candidate forum. Parking is free. Luncheon cost is \$20. Attendees may donate their luncheon cost to a candidate of their choice, and the club will pay for the meal. To reserve, contact Diane Kinser at social.lady79@gmail.com. or Tina Laurie at 489-4701.

The 2022 membership for the Fort Myers Republican Women's Club is available at \$25. Associate members (men) may join at \$15. Checks may be paid at the luncheon meeting or sent to Tina Laurie at 5260 South Landings Drive, Unit 407, Fort Myers, FL 33919.

The Landings is located at 4420 Flagship Drive in Fort Myers.*

Beginner Boating Safety Class

U.S. Coast Guard Auxiliary is offering a one-day Boat America boating safety class at the Pine Ridge Community Center on Saturday, June 18 from 9 a.m. to 4 p.m. This class will give novice recreational boaters the knowledge needed to obtain the FWC safety certification.

Anyone born on or after January 1, 1988, who operates a vessel powered by 10 horsepower or more must pass an approved boater safety course and have in his/her possession photographic identification and a boating safety education identification card issued by the Florida Fish and Wildlife Conservation Commission. Many boat insurance companies may offer discounts on boating insurance to boaters who successfully complete the Boat America class.

Cost is \$45 per person and includes study material. Advance registration is required. Presenters are trained professionals of the U.S. Coast Guard Auxiliary.

"Education and awareness of boating hazards is the key to understanding how to operate a boat safely. Participants learn the importance of life jackets, how to reduce risks, being prepared and exercising good judgment," said Greg Masonick, the commander of Fort Myers Beach Flotilla 91. "Unlike online

classes, this program offers student interaction, shared perspectives and local area knowledge."

The Pine Ridge Community Center is located at 15660 Pine Ridge Road in Fort Myers. To register, call 690-6780, option 1, or visit www.aux91fmb.org/safeboating.*

Human Services Program Grants

The Lee Board of County Commissioners has accepted state grants to support the continued operation of the Bob Janes Empowerment Center and to provide housing and services for people who are experiencing or at risk of homelessness.

The grants, from the Florida Department of Children and Families, include:

\$407,750 to provide housing and services for persons who are experiencing or at risk of homelessness. The funds must be expended by June 30, 2023.

\$325,000 to continue operation of the Bob Janes Empowerment Center/Low Demand Shelter. This funding represents the third year of a three-year award.

For more information, visit www.leegov.com/dhs. If you or someone you know is experiencing homelessness, call the department's coordinated entry help line at 533-7996.*



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Book Review

Nothing To Lose



by Di Saggau

J.P. Beaumont is back again in JA Jance's *Nothing To Lose*. He's retired from the Seattle Police Department, living a quiet life in Bellingham, Washington, where his wife, Mel

Soames, is the chief of police. Years ago while still with the Seattle PD, Beaumont's partner Sue Danielson, was murdered by her ex-husband. Beau saved her two boys, Jared and Chris, who were sent off to Ohio to lie with Sue's family..

It's now 20 years later, the doorbell rings and when Beaumont answers it, a young man says he is Jared Danielson. He is looking for his younger brother Chris, not having seen him in over two years. Beau takes the case and follows a lead all the way to the wilds of wintertime Alaska.

Chris had been a troubled teen who ran with a rough crowd. He left Ohio and ended up in Homer, Alaska, with another grandparent. Two years before his high school graduation, he left his pregnant girlfriend and was not heard from again. Jared suspects foul play. Beau has Jared get a DNA test to help him track down Chris. An Alaskan female called Twink

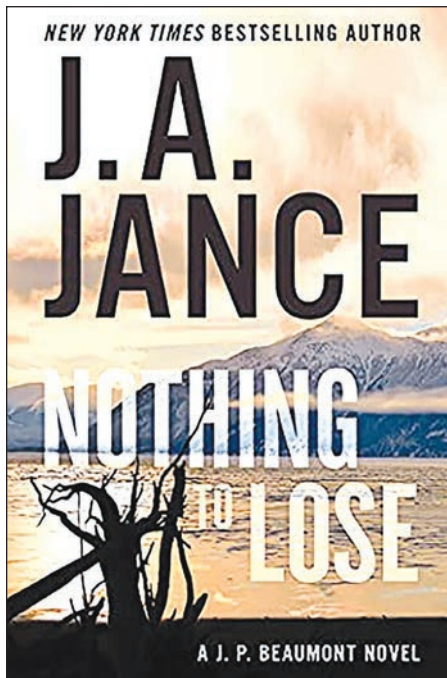


image provided

Winkleman owns an old Travelall with heavy-duty snow tires and a front snow blade to get them through all kinds of situations. She's a memorable character, to say the least.

Together they encounter a tangled web of family secrets in which a killer with nothing to lose is waiting to take another life. *Nothing To Lose* is JA Jance at her best. She has the ability to spin a tale that keeps you turning the pages.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley,
My 11-year-old daughter will be going to a sleep away camp for the first time in July, and although she wants to go very much, she is quite anxious about it. How can I help

calm her anxiety?

Nadia B, Sanibel

Nadia,

Summer camp brochure photos typically show us the sun-splashed children playing sports, swimming and having a great time. We never see any discussion about how to deal with the anxiety that most kids experience prior to a major life experience as sleep away camp. Some anxiety is a natural reaction to a new adventure, and the family separation will occur. All children experience a mixture of excitement and nervousness when summer camp approaches and, for most, the excitement exceeds the nerves, but for some children the anxiety interferes in what should be a fun, formative experience.

Children are typically ready for sleep-away camp around ages 10 to 12, given individual skills, experiences and temperament. Summer camps help kids develop many skills important for future success: resilience, self-reliance and social adaptability. The camp experience being away from home and among peers can help kids develop social skills, separate in a healthy way from parents and develop independence. Camp activities can help them build confidence by enjoying success in their chosen activities.

The key to helping your child get over pre-camp nerves is to acknowledge her feelings and give her tools to help her manage them.

Help your child get excited about camp – Take her shopping for new gear and focus on all the fun things about camp that she can anticipate.

Avoid focusing on what makes children anxious – Instead of asking leading questions like, “Are you nervous about water skiing?” ask open-ended questions like, “How are you feeling about the water skiing?”

Don't trivialize her concerns or offer glib reassurances – “There's nothing to worry about!” or “Everyone loves camp!” may discourage your child. Instead, show that you have empathy and acknowledge her concerns.

Go through “rehearsals” – A shorter-term sleepover or a night at Grandma's will make it easier for your child to be away from home.

Make communication easy and accessible – Pack envelopes and stamps, outline a schedule for phone calls or emails if they're part of the camp's routine and make sure your child understands how easy it will be.

Help your child formulate realistic, goal-oriented plans for making friends

or passing a swimming test – Having a framework for completing these plans can give your child a feeling of success and take her mind off her anxiety.

What you want to share is your confidence in your child and the summer experience – Keep the goodbyes short, as delaying just causes more mixed feelings and may communicate your own anxiety. Kids can pick up on your feelings even if you don't verbalize them.

If your child has psychiatric, medical or learning issues, make sure the staff and counselors know anything they need to know to head off problems and maximize her experience – And let your child know that counselors are there to support her, whether she has a simple question or a larger problem.

Summer camp is a unique situation where your child engages with a large community of peers and learns how to interact socially in a less-structured environment than school. This is a time for her to actively make decisions for herself and develop a sense of self-reliance. Even though you may be concerned and want to intervene, give your child the space to take ownership over the experience herself and watch her grow.

Shelley Gregg is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.✱

Nonprofits Can Apply For Grants

Nonprofit organizations in Lee County are invited to apply for public service grants for health and/or safety initiatives, valued up to \$15,000, from the Lee County Injury Prevention Coalition. Grants are being offered through the auspices of Lee County Emergency Management.

The nonprofit grants are for a new or expansion project that is directed at a clearly defined audience and a documented injury or safety issue. The grant must be sustainable beyond the grant year.

All awarded funds must be received by a nonprofit organization, and recipients are to attend a coalition meeting following receipt of the award to discuss the outcome, successes or challenges and future direction. A budget and timeline for distribution of the funds should be included as well as how the project will be sustainable.

Grant applications, which are available at ipcleecounty@mail.com, must be received by Friday, July 1.

The Lee County Injury Prevention Coalition serves as a collaborative effort or partnership whose function is to facilitate partners' work and act as a catalyst for injury prevention initiatives. For more information about the coalition or the grant application, contact Brian Raimondo at ipcleecounty@gmail.com or 330-2240.✱

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THOMAS P. HALL
ROBIN C. TUTHILL, EDITOR

“More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike.” - Amy Bennett Williams

Business Award Winners Revealed

SWFL Inc. recently hosted its annual INCredible Awards celebration and announced its 2022 award winners. Finalists were selected from several dozen applications and nominations throughout Lee, Collier and Charlotte counties.

"This community is full of optimism and ambition," said Tiffany Esposito, president and CEO of SWFL Inc. "Our members, sponsors and community stakeholders are the driving force of our organization. Their generous support helps SWFL Inc. do what we do best – help small businesses thrive."

Falon Tabares from the Healthy Earth Organization was awarded the INCredible Award, which is given to a graduate of Leadership SWFL who exemplifies the values of the program by demonstrating leadership, community stewardship and a desire to continue learning and growing professionally.

Presstige Printing received the Innovation Award, which celebrates a small business that creates unique and forward-thinking solutions to address the needs of its clients.

Better Together was selected as the winner of the Nonprofit of the Year Award among a long list of nominees for its efforts in protecting children and preserving families by connecting them to safe and compassionate volunteers. This voluntary program is a preventative service that offers families in crisis the support needed to avoid foster care.

Iron Ridge Insurance Services was presented the Small Business of the Year Award, an honor that began in 2001 to recognize local businesses that go above and beyond to give back to the community.

SWFL Inc. presented the inaugural Veteran-Owned Business of the Year Award – a veteran-owned business award that demonstrates strong business



Tom Hazell of New Horizons of Southwest Florida embraces Tiffany Esposito, president and CEO of SWFL Inc. photo provided

performance and exemplifies significant contributions to Southwest Florida – to Fire & Rice Paella, which earned the award for not only its dedication to supporting veterans but the local community.

The SWFL Citizen of the Year was presented to Tom Hazell for his two decades of contributions and dedication to New Horizons of Southwest Florida. He received a standing ovation as he accepted the award.

"With everything that is required to run a stable and successful business, it's so important to take every opportunity to celebrate both the little and big wins that come along the way. The INCredible Awards celebration would not have been possible without the continued support of our local sponsors. Thank you for your dedication to our organization," said Esposito.

SWFL Inc. is a regional chamber of commerce serving the Southwest Florida business community. For more information, visit www.swflinc.com.✱

include:

Teachers received a \$1,000 bonus and some received up to an additional \$2,500 based on their time of employment.

Special instructional teachers received a base salary increase of \$2,000.

Starting pay was raised to \$47,500.

All teachers will receive an additional bonus of up to \$2,500 this coming October if they have no break in service from the beginning of the fiscal year.

"We are happy that the continued hard work by both the district and TALC's bargaining teams were able to reach consensus that addresses some of the issues that were so important to the employees in the TALC bargaining unit," said Teachers Association of Lee County President Kevin Daly. "We look forward to continuing to address the concerns of our members around salary and benefits as we return to the table in August. We are confident that employees and their working conditions will remain a priority of the school district as Dr. Bernier settles into his new role, and look forward to working with him."

SPALC represents bus drivers,

paraprofessionals, custodians, receptionists, trade workers and dozens of other job categories that support school operations. Highlights of the new support personnel agreement include:

A \$1,000 bonus in April and another \$1,000 in July based on attendance. Employees still working in October will receive another bonus.

Increase in starting pay for bus drivers to \$17.50 an hour, the third highest starting rate for public school bus drivers in Florida.

Employees with 25 years of service received an increase in longevity pay up to \$2,500.

Eighty cent per hour increase for the entire bargaining unit.

The Lee County School Board unanimously approved the agreements at its May 10 and May 24 meetings.✱

Local Alzheimer's Center Joins National Network

The Alzheimer's Foundation of America (AFA) welcomed the Alvin A. Dubin Alzheimer's Resource Center, a not-for-profit organization which has been providing dementia-specific services to its community for 27 years, to its national member network.

"AFA works closely with our member organizations to help those affected by Alzheimer's disease and connect them with programs, services and support,"

said Charles J. Fuschillo, Jr., AFA's president and chief executive officer. "We are very excited to have the Dubin Center as part of our member network and look forward to working with them to serve people living with Alzheimer's."

Lynne Thorp, executive director of the Dubin Center, said, "The partnership with the Alzheimer's Foundation is critical because of the abundant resources it provides for healthcare professionals working with the aging population. These resources include access to staff trainings, network connections in the field of Alzheimer's education, discounted educational programming and grant funding opportunities to help the center achieve its mission."

The Dubin Center is a local United Way organization which provides their services at no cost to families impacted by dementia-related illnesses in Southwest Florida. Their services include education and resources for caregivers, person-centered dementia care and support, a memory cafe and a speaker series where experts discuss important topics such as in-home care versus assisted living.

AFA works hand in hand with its member organizations to provide support and services to families affected by Alzheimer's, especially through its National Toll-Free Helpline at 1-866-232-8484 where licensed social workers can connect callers with services in their area.

For more information about AFA, visit www.alzfdn.org.✱

School District Approves Bonus Pay, Increases

The School District of Lee County has approved new collective bargaining agreements that give teachers up to \$5,000 in bonus pay from the district and increase starting pay for bus drivers to the third highest rate in Florida. The agreements were entered into with both the Teachers Association of Lee County (TALC) and the Support Personnel Association of Lee County (SPALC).

"These agreements solidify the district's commitment to our employees," said Superintendent Dr. Christopher Bernier. "During the past two years, we have asked our teachers and support staff to do more, and they continue to rise to the challenge. Every employee should know we support them and are grateful for their dedication to the students in Lee County."

Highlights from the TALC agreement

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Growing Older Doesn't Have To Mean Growing Old



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

When I meet a new client who has recently moved to Florida, they're usually very excited. They've wrapped up a career. The kids are grown and on their own. It's time to relax and enjoy free time. It seems that they have a new lease on life. I'm happy for them.

For some, however, things change rapidly. Over the next several years, some encounter a few health problems, perhaps major ones. Others worry about whether the money will run out. Then, one by one, friends die off.

That's when I see them grow old.

When I say "old," I really mean that they seem to lose a purpose. During our working years when raising a family, there's plenty of "purpose" to go around. But when you're no longer needed at the office, and your children are super busy building careers and raising their own families, finding purpose seems to be more difficult.

That's when the endless trips to the doctor's office, spending hours in the waiting rooms beats us down. What more is there to life?

The *New York Times* columnist David Brooks may have hit on something remarkable in his column asking whether our society is too focused on resumé virtues as opposed to eulogy virtues. The resumé virtues are the skills that you bring to the marketplace. The eulogy virtues are the ones that are talked about at your funeral – whether you were kind, brave, honest or faithful. Were you capable of deep love?

It may be ironic, but my take on his column is that building eulogy virtues keeps us young. Many of us can find a deeper meaning and purpose in late life building those eulogy virtues. We all know that the eulogy virtues are more important than the resumé ones. Our culture and educational systems spend more time teaching the skills

and strategies you need for career success than the qualities that you need to radiate an inner light.

Since we tend to focus on external achievement, years pass and the deepest parts of us go unexplored and unstructured. That's when your retirement years can be spent narrowing the gap between your actual self and your desired self, between you and those people you meet who seem to radiate joy.

We've all met those people. I believe that my daughter Courtney is such a person. She brightens a room just by entering it. Courtney recently graduated with her doctorate in physical therapy. She has a number of job offers from those whom she interned with in her program. Everywhere she's worked, it's mentioned how the patients love her and request her for their next appointment! And this was as an intern!

Courtney loves people and it shows. She doesn't mention much about herself, instead she asks all about the person she's with. What I've noticed about people who radiate life is that they are humble. Today's world wants us to promote ourselves. Social media feeds become a highlight reel of our lives. But all the people I've ever admired don't have a desperate need for approval. CS Lewis remarked that "Humility is not thinking less of yourself but thinking of yourself less." That describes my former law partner John Sheppard to a "T." He awoke each morning not thinking about what he could do for himself, but what he could do for others that day.

Sadly, John passed away a couple of months ago. Yet he remained young in outlook to the end of his days.

One thing that John was good at was making friends with those younger than him. As you get older, your friends tend to die off, leaving you lonely. John was never lonely. He engaged with the world, and in particular with those who needed help with their daily struggles. That's what kept him young. He and his wife Ellen, for example, gave Teddy bears to children being treated at Golisano Children's Hospital.

After my working years are over (which probably won't be for many years yet), I hope that I've been able to build and then strengthen my eulogy virtues. It's not because I would plan to die soon, rather I believe that building these virtues will help keep me young.

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Symphony Hires Next Music Director

After an intense search for new artistic leadership that spanned the course of nearly three years, the Southwest Florida Symphony only had to look as far as its neighbor to the south, Naples, to discover who will lead Lee County's crown jewel of arts and culture into the future.



Maestro Radu Paponiu

The orchestra's board of trustees has announced the appointment of its next music director, Maestro Radu Paponiu. Maestro Paponiu also serves as the associate conductor and youth orchestra director of the Naples Philharmonic and is now the sixth music director in the Southwest Florida Symphony's 62-year history. "This is the beginning of a wonderful new era," said Amy Ginsburg, the symphony's executive director. "Radu is definitely the right person, at the right time for us and fortuitously, he is in the right place geographically to make this a seamless transition." Kathleen van Bergen, the CEO and president of Artis-Naples echoed Ginsburg's sentiment. "It has been a joy to watch Radu's artistry deepen and his talent gain recognition from musicians and audiences alike. As a cultural neighbor, supportive friend and serious fan, I congratulate Radu on his appointment and wish him wild success

as his star continues to ascend."

Maestro Paponiu went on to say, "I am so looking forward to joining the Southwest Florida Symphony family and to bringing great music to the community. During my visiting week in April, I was so taken by everyone's eagerness to make me feel welcome and their dedication for music making. I cannot wait to build countless memories together." The maestro has already finalized programming drafts to complement repertoire selected for next season, further demonstrating his enthusiasm for joining the Southwest Florida Symphony family.✧

Firm Adds Graphic Designer

Kasey Jeffrey has joined CONRIC PR & Marketing and will work collaboratively with the creative team to develop impactful imagery for print and digital media.

"I am so grateful to be part of the CONRIC team," said Jeffrey. "The agency values collaboration, growth and creative problem-solving, which is exactly what I was seeking in my next role. I'm very excited to help businesses elevate their brand with this awesome, award-winning team."

Jeffrey is an artist, designer and published illustrator with a background in graphic and web design, illustration, advertising and marketing. Before joining the CONRIC team, Kasey started her



Kasey Jeffrey

career as the in-house graphic designer for Martin Guitar, one of the world's leading acoustic instrument makers.

Jeffrey was born and raised in Palmyra, Pennsylvania. She graduated from Kutztown University with a bachelor of fine arts degree in communication design and a minor in public relations.✧

Marketing Firm Adds Digital Strategist

CONRIC PR & Marketing has added Ryan Gonzalez as a digital marketing strategist. Gonzalez will work with the team to develop creative digital strategies for clients, enhance their social media presence and manage their online advertisements.

Prior to joining CONRIC, Gonzalez worked as a digital marketing assistant for a multifaceted real estate development company, including residential, retail, commercial and mixed-used properties. He worked closely with the marketing director overseeing the company's online presence, including managing and driving qualified traffic to each of its websites through social media, search engine marketing, pay-per-click, display marketing, search engine optimization and email marketing.

Gonzalez graduated from Florida Gulf Coast University with a bachelor of arts degree in communication.✧

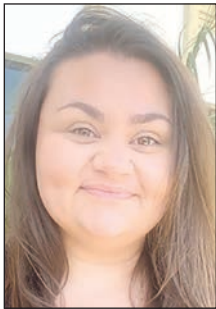


Ryan Gonzalez

Bank Hires Teller

Mallory Amalfi has joined Sanibel Captiva Community Bank as a teller at its Bridge Branch, located at 9311 College Parkway, Fort Myers. She is responsible for assisting customers with personal and business banking transactions.

Amalfi has four years of banking experience, primarily at a large, national financial institution. She also worked in customer service and training within the food service industry.✧



Mallory Amalfi

Chronic Pain Workshops

Lee Health's chronic pain self-management program, titled It's All About You, will be held on Wednesdays beginning July 13 from 1 to 3 p.m. The research-based program will be held in virtual sessions for six weeks.

Information presented in the workshops can help you become empowered to improve your quality of life. Learn how to more easily manage your medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to healthy eating. Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*. For more information, call 424-3121.✧

Superior Interiors

How To Make Your Home Feel Like A Cottage



by Linda Coin

When it comes to cozy home decor, the cottagecore aesthetic is a great interior design option, no matter where you live. The classic cottage style is a surefire

way to bring rustic charm to your home, while still having room to add your own personal touches.

The popularity of romanticized country decor originally stems from European nobility that would temporarily get away to rural areas for a simpler living situation compared to their opulent homes. That's why the cottagecore aesthetic is primarily nature-driven, with floral patterns and indoor plants a common staple.

Cottagecore is all about going back to the basics, and that includes the materials you use to decorate your home. From furniture to pillows to art, get inspired by rustic elements that cozy up your space easily to transform it into your own cottage.

When shopping for furniture, keep an eye out for wicker and wood, which can easily match existing pieces and transition any room into your ideal vintage home. Meanwhile, for other cottage materials, you can opt for cotton, wool and/or macrame pieces made from hemp. All of these will instantly add a cozy feel to your home.

Art pieces can quickly transform any space into a rustic country home. Fill your walls and bookshelves with floral art prints and/or scenic landscapes to make it feel like you're in the country, even if you're not.

When choosing a color scheme for your new home design, take inspiration from nature. Soft, pastel blues and earthy neutrals are ideal places to start. Similarly, off-white, cheery yellow and dusty pink can brighten a space while still

building a calming environment.

Whether in your entryway, bedroom or bathroom, try decorating with wallpaper. Rustic homes often have simple patterns and styles that emphasize the great outdoors. Today, wallpaper comes in a wide variety of patterns, colors and subjects to choose from.

Plants add color, brightness and coziness to any space seamlessly. Spruce up your kitchen with a bright flower arrangement or herb garden to create a little cottage haven. Other exciting ideas to try are decorating with dried herbs or hanging a bouquet of lavender in your bathroom. Both work as decor and calming home fragrances.

Cottagecore style is a romantic interior design, so you can be free to choose a light fixture that achieves that feel. Even though this design mostly uses simple and rustic elements, you can choose more intricate pieces for your focal light fixture, just prioritize natural-looking material. A great example is an intricate chandelier designed with delicate crystals or beads. Similarly, you can complete your home dining room with a wooden candelabra centerpiece.

Bring coziness to your living spaces with comforting textiles. From the master bedroom to your living room, make sure every living space has access to soft, homey textiles. Classic quilts, soft pillows and knit throws will help bring in cuddly nights and create warm memories with the family and friends.

Shop for antique kitchenware and cutlery. As previously mentioned, your cottagecore home doesn't have to match perfectly. With this in mind, you can nail the vintage kitchen look with antique dishes, china and cutlery, just like from your childhood.

Bring the outdoors in through your windows. Invest in light linen drapery that can complement the daylight and brighten the space. If you prefer colorful and/or patterned drapery, try adding a sheer layer behind the main fabric.

Experiment with atmospheric lighting. Candles, decorative lanterns and string lights can all help build the perfect romantic glow to your cottage-inspired home. As the sun sets, instead of turning on your overhead lights, you can recreate the simpler atmosphere of past country living with softer ambient lighting.

Excited to get started on your home's interior design? A design professional

can help you transform your home into a cottage getaway – whether in one room or your entire home.

Bank President Honored With Leader Award

Sanibel Captiva Community Bank President Kyle DeCicco was selected by the Independent Community Bankers' Association for its annual 40 Under 40: Emerging Community Bank Leaders Awards.



Kyle DeCicco

This national award program recognizes 40 community-minded, innovative leaders under 40 years old who represent the future of the community banking industry. Candidates from all over the country are chosen based on their character, leadership, community involvement and innovation in community banking.

In January 2022, DeCicco was named bank president while maintaining his role as senior loan officer. He oversees management, operations and the expansion of the bank's lending division.

DeCicco joined the bank in 2016

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindeciden.com.✧

as vice president and commercial loan officer. He was instrumental in leading the bank's efforts in administering the Small Business Administration Paycheck Protection Program in 2020 and 2021. Under his direction, the bank successfully secured over 1,100 loans totaling nearly \$109 million, helping save nearly 10,000 Southwest Florida jobs in the wake of the COVID-19 pandemic. DeCicco's efforts have also resulted in the bank closing nearly \$300 million in commercial loans in six years, the majority of which supported local individuals and businesses seeking to launch a business, grow operations or purchase real estate.

DeCicco is a graduate of the Florida Bankers Association Florida School of Banking and holds a bachelor's degree in business administration from Florida Atlantic University. He is in his final year of the American Bankers Association Stonier Graduate School of Banking at the Wharton School of University of Pennsylvania and will graduate in June.

The Southwest Florida native serves as a board member and treasurer of The Foundation for Lee County Public Schools and as a member of the foundation's grant selection committee. He also serves on the Heights Elementary Student Advisory Committee and is a captain-level Keel Club member of United Way of Lee, Hendry, and Glades, among other volunteer efforts.✧

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Frankly Speaking



by Howard Prager

By the numbers. If you're like me, the number of statistics that are available in sports today is as staggering as some of the salaries (and salary structure – it would take me a

month to figure that out). But to younger fans as well as analysts, that's what they follow. I talked to a young sports fan, Ben Alon, a senior at Stevenson High School, about stats in one of his favorite sports, basketball. Ben said that, "Fans who are really invested in the sport are going to look at the stats." Ok Ben, let's see what your stats predict and what actually happened. Game stats are provided by NBA.com.

FS: When you watch basketball, what do you pay most attention to?

BA: "The most important thing is efficiency – high shooting percentage and low turnovers."

STATS: In the Celtic's two wins in this NBA Finals, they shot 50.6 percent (Game 1) and 48.3 percent (Game 3) as a team, respectively. In their two losses in the series, the Celtics shot 37.5 percent (Game 2) and 40 percent (Game 4). The Celtics (15.4 percent) and Warriors (15.1 percent) have turned the ball over at similar rates during the playoffs and during the finals.

FS: What does each team have to do to win?

BA: "Boston has to keep its turnovers below 15 per game and Golden State has to shoot the three-ball well and at a high clip – 40 to 50 percent."

STATS: Stephen Curry shot 7-for-12 (58.3 percent) on two-point shots and 7-of-14 (50 percent) on three-point shots in Game 4. He not only made the same number of two and threes, he was also assisted at the same rate on both shot types (42.9 percent). Jayson Tatum and the Celtics struggled with turnovers in Game 4, committing 16 which led

directly to 19 points for the Warriors. So far, Ben's predictions have turned out to be correct. Here's an interesting stat. How even are the teams in the finals? According to NBA.com, Golden State has outscored Boston by a cumulative total of one point (422-421). The Warriors have made four more two-point shots (90-86), while the Celtics have made seven more free throws (57-50). The teams are tied from beyond the arc with 64 made three-pointers each. Very close match-up.

FS: Ben what are some other keys to success in the finals?

BA: "Playing well in the paint changes the game. Some teams too reliant on threes and not making them. Second chance shots say a lot."

STATS: The Warriors dominated the glass in Game 4, finishing with a 38.5 percent offensive rebound rate – their highest mark of the finals. The trend that the team that wins the points in the paint also wins the game held true in Game 4 as the Warriors finished with a 38-32 advantage in that zone. The Warriors finished Game 4 with a 16-11 advantage in offensive rebounds and a 19-12 win in second-chance points.

OK Ben, you've got game. Thanks for your insights and uncanny accuracy.

Let's keep going on stats and look at what happened in baseball last Thursday when the White Sox played the Dodgers. *Sports Illustrated* sets us up. "LA was up 6-5 in the top of the sixth inning at Guaranteed Rate Field. The White Sox had just squandered a 4-0 lead in the previous inning, when starter Dylan Cease surrendered six unearned runs. With Gavin Lux on second and two outs, Freddie Freeman lined an RBI single to make it a two-run ballgame. La Russa called on left-handed reliever Bennett Sousa, who had a 6.50 ERA entering yesterday's game, to face righty Trea Turner. Sousa quickly got ahead in the count, 0-2, before uncorking a wild pitch that allowed Freeman to advance to second. La Russa promptly signaled for the intentional walk. Muncy made him pay with a three-run home run to left field." Said La Russa to reporters, "Turner with no strikes, one strike or two strikes is very dangerous against right[ies]

and especially left[ies]." "Now if maybe [right-handed hitting Will] Smith was hitting behind him it would have been a different thing. Muncy is there, so it's an easy call for me." La Russa is correct in his assessment that Turner is dangerous no matter the pitcher's handedness, and that Turner is a better hitter against lefties. What he doesn't say is that Muncy, too, does damage regardless of handedness, and that he, at least in terms of batting average, is a better hitter against lefties."

And what La Russa also doesn't say is that Sousa was ahead in the count, 1-2. That's the pitcher's pitch. At least give him a chance to try to get him to go after a waste pitch or two. Chicago fans have been incensed calling for Tony to go. Not happening with his close relationship with Sox owner Jerry Reinsdorf who gave up on Tony too soon earlier in his career. To me, this is the danger of just going by the stats instead of the game time situation.

The Good News Network again provides us with the good news story of the week. A Japanese man has once again completed his favorite pastime of sailing across the Pacific Ocean without stopping. The undeterrable Kenichi Horie did it once before when he was 23, and probably didn't expect to be pulling the same stunt 60 years later. Embarking on the March 27 in

his 2,182 pound, 19-foot-long sailboat *Suntry Mermaid III*, Horie sailed solo from San Francisco for two months across the world's largest ocean before arriving in the Kii Peninsula in western Japan. "Don't let your dreams just stay as dreams. Have a goal and work towards achieving this and a beautiful life awaits," Horie told CNN over a satellite phone. As a 23-year-old used car parts salesman, Horie became the first person ever to make a non-stop, unaided voyage across the Pacific, during which he ate only rice, canned food and had a single radio for communication aboard a plywood vessel no less. He has actually crossed the Pacific many times, often on yachts built of recycled materials like beer kegs, plastic bottles, or aluminum cans. One was even solar-powered. He does these things, and hopes to continue doing them until age 100, to raise awareness of the irreplaceable resource that is the ocean. "I didn't think I'd be sailing at 83 but I'm still healthy and I didn't want to miss this chance," he told CNN. "Challenges are exciting so I'd like to keep trying." Remarkable. What's your next adventure?!

*Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.**

Red Snapper Season Begins

The recreational red snapper season starts Friday, June 17 in gulf state and federal waters off Florida and will remain open through July 31 with 12 days in the fall.

"We are excited about Gov. Ron DeSantis' recent announcement of this year's 57-day gulf red snapper season, which is the longest we've had since the FWC began managing the season in state and federal waters," said Florida Fish and Wildlife Conservation Commission (FWC) Chairman Rodney Barreto.

For-hire operations that do not have a federal reef fish permit may also participate in the season but are limited to fishing for red snapper in gulf state waters only.

If you plan to fish for red snapper in any state or federal waters off Florida from a private recreational vessel, even if you are exempt from fishing license requirements, you must sign up as a state reef fish angler (annual renewal required). Sign up at www.gooutdoorsflorida.com. For more information, visit www.myfwc.com/srfs.

State reef fish anglers might receive a questionnaire in the mail regarding their reef fish trips as part of Florida's State Reef Fish Survey. These surveys were developed specifically to provide more robust recreational data for management of red snapper and other important reef fish and have allowed the FWC the unprecedented opportunity to manage gulf red snapper in state and federal waters. If you receive a survey in the

mail, respond whether you fished this season or not. When catching red snapper and other deep-water fish, look out for symptoms of barotrauma (injuries caused by a change in pressure), such as the stomach coming out of the mouth, bloated belly, distended intestines and bulging eyes. When releasing fish with barotrauma, use a descending device or venting tool to help them survive and return to depth. For more information, visit www.myfwc.com/fishhandling. The gulf federal season for for-hire operations with federal reef fish permits began June 1 and will close at 12:01 a.m. on August 19.*

Free Youth Football Camp

The 3rd annual Tre Boston Beyond Belief Foundation Football Camp will be held at Evangelical Christian School on Saturday, June 25 from 10 a.m. to 1 p.m. Online registration is encouraged as limited spots are available. Check-in is from 9 to 10 a.m.

Hosted by NFL Safety and University of North Carolina Alum Tre Boston, the camp is free and open to youth ages 8 to 17. Participants will be provided with a camp T-shirt, swag bag, sports towel, water bottle and other giveaways. There will also be prevention programs to provide safety awareness to family and participants. The family event will include a bounce house and a food truck onsite.

Evangelical Christian School is located at 8237 Beacon Boulevard in Fort Myers. For more information or to register, visit <http://tbbbf.org>.*

SPORTS QUIZ

1. In a 1990 game, what New York Mets pitcher allowed two Atlanta Braves baserunners to score while he was arguing a close call at first base?
2. Name the racehorse that won both the 1986 Kentucky Derby and the 1987 Breeders' Cup Classic.
3. What HBO TV drama series had Basketball Hall of Famer Jerry West threatening legal action "all the way to the Supreme Court" over how he was portrayed?
4. The tennis stadium that hosts the French Open is named for what aviation pioneer and World War I fighter pilot?
5. How old was Baseball Hall of Famer Satchel Paige when he played his final pro baseball game with the Carolina League's Peninsula Grays in 1966?
6. Name the motorsports facility in Monterey County, California, that has segments known as "Rahal Straight," "Andretti Hairpin" and "The Corkscrew."
7. What South African track star, a two-time Olympic gold medalist in the women's 800 meter, was subjected to a sex verification test in 2009?

ANSWERS

1. David Cone. 2. Ferdinand. 3. Winning Time: The Rise of the Lakers Dynasty. 4. Roland Garros. 5. 59. 6. Laguna Seca Raceway. 7. Caster Semenya.

Doctor and Dietician

Happiness Hints



by Ross Hauser, MD
and Marion Hauser, MS, RD

First, choose to be grateful. Even during tough times, we should remember to be thankful. We have all experienced tough times, events, people, or situations. Do you still dwell on those times? Or have you chosen to forget? We can choose to have selective memory and choose not to dwell on painful memories, and instead be grateful for the good things that have come out of these situations

or are currently happening. As most of you know, our Sanibel home burned to the ground in 2012. We went through a many-year fire investigation and eventual lawsuit. It was terrible all the way around. Yet so many wonderful things subsequently happened, one of which is the fact that we now live and work in Southwest Florida full time. That is a tremendous blessing!

Focus on what is right, not what is wrong – How many times do we find ourselves complaining about things? Gas prices. War. Supply chain issues. A slow driver. An irritating coworker. A grocery store line moving slowly. It could be anything. Instead, focus on what is right, what is going well, and what is good. It is amazing what happens when you change your focus from positive to negative. Give a smile to the person standing next to you. Share a positive word or compliment versus a scowl and an eye roll.

Be patient – In the age of the fast-paced, get-it-done, scrolling lifestyle, we could all stand to take a chill pill, right? We expect instant everything: instant shopping; instant movies; instant communication. Why? It is going to

be okay if we do not have something instantly. Does it really matter if we must wait one minute for something? No. And speaking of patience, what about those younger or less experienced than us? Did we mature in a day? No. We had to experience life and learn and grow. So let's have some patience for those up-and-coming people in our lives. Instead of being irritated by them, let's encourage them and congratulate them on how far they have come.

Listen – Ooh, this is a big one. Have you ever asked your spouse, significant other, or child, "Who else would I be speaking to? There is nobody else in the house!?" This has definitely been spoken in our house. When someone speaks to you, intently listen. Focus on the other person and what he/she is saying. Do not think about what you want to say next or what story you want to share. Do not steal the conversation. Ask follow-up questions. We all know what it feels like when someone steals the conversation and you are left hanging, feeling disrespected. Be intentional.

And finally, show love – Show

kindness. It is what we all need... especially these days.

What is one of the quickest ways to change a bad relationship into a good one? Start praying for the person. It changes you and the person. Pray that they will grow in love, make wise choices, live with integrity and become more like the person God wants them to be. Who would not want these things, right?

If you need an encouraging daily word, we recommend Rick Warren's *Daily Hope*. He provides an e-newsletter along with an audio message every day that inspires and motivates us each day. Rick is currently doing a series on Happiness and How to Grow Healthy Relationships. Check it out.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

dearPharmacist

Moisturizers, Serums And Sleep Masks



by Suzy Cohen, RPh

Dear Readers:

They all go on your face. Men and women use these to keep a youthful appearance. I'll break it all down because you might

be spending money on the wrong skin care item. Likewise, you may read this today and decide you want to try something new for your beauty regimen.

How do you know what to use? Let's talk about the benefits of each:

Benefits of a Serum – reduces signs of aging; reduces hyperpigmentation; may ease minor skin irritation; collagen boosting most of the time; and improves firmness and elasticity.

Benefits of a Face Cream – relieves dry skin and ease irritation; stops sensations of itchiness; hydrates, moisturizes and smoothes skin to increase resiliency; helps temporarily restore youthful appearance and texture; plumps smooth and softens dull, dry skin.

Benefits of a Sleep Mask (used to be called night cream) – sleep masks are similar to a moisturizing face cream (which is an emollient) but the effects are more intense because the ingredients actually penetrate into the skin all night long. I am formulating a sleep mask right now, so I've been

studying all of this lately.

Benefits of a Sleep Mask – forms a film to hydrate and maintain skins essential moisture; moisturizes and reduces redness and discoloration; fights free radicals, reduces signs of fatigue and increases skin radiance; helps prevent UV and blue light damage; and increases skin's natural ability to repair and renew.

A face cream and the sleep mask could be used interchangeably, or on alternate days. A sleep mask is applied at night. A face cream moisturizer is applied in the morning and at night if desired. A serum is applied any time, day or night, usually twice a day if there are stubborn skin concerns.

The way a person takes care of their skin is highly individualized. Here are two suggestions:

Beauty Ritual 1

1. Morning – A serum, followed by face cream;

Beauty Ritual 2

1. Morning – Face cream only;
2. Evening – Serum followed by sleep mask.

Some people just use a serum, and some people use a moisturizer (also known as face cream), and some use both. It depends on your preferences, skin type, age and many other factors, including where you live and what skin issues are of the utmost concern. Beauty rituals are very personal.

It makes the most sense to use a serum before your face cream because the serum is more lightweight. If you have a toner to spray or apply, that item would go on before the serum.

Whether you apply the serum at night or in the morning, or both times, is up to you.

A serum going on first however, is very typical in skin care regimens. That's because its molecular structure

is thinner and lighter than that of a moisturizer. Face creams (and as well as the newer "sleep masks" that are out now) are thicker than a serum, and therefore those are applied after the serum.

This information is not intended to

*treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.**

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- Lee County Sheriff's Office 477-1200
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- Florida Highway Patrol 278-7100
- Poison Control 1-800-282-3171
- HealthPark Medical Center 1-800-936-5321
- Ft. Myers Chamber of Commerce 332-3624
- Foundation for Quality Childcare 425-2685
- Fort Myers Beach Chamber of Commerce 454-7500
- Fort Myers Beach Library 463-9691
- Lakes Regional Library 533-4000
- Lee County Chamber of Commerce 931-0931
- Post Office 1-800-275-8777
- Visitor & Convention Bureau 338-3500

- ARTS**
- Alliance for the Arts 939-2787
 - Arts For ACT Gallery & Studio 337-5050
 - Barbara B. Mann Performing Arts Hall 481-4849
 - BIG ARTS 395-0900
 - Broadway Palm Dinner Theatre 278-4422
 - Cultural Park Theatre 772-5862
 - Edison Festival of Light 334-2999
 - Florida Repertory Theatre at the Arcade 332-4488
 - Florida West Arts 948-4427
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 - Fort Myers Symphonic Mastersingers 288-2535
 - Gulf Coast Symphony 489-1800
 - Harmony Chorus, Charles Sutter, Pres 481-8059
 - Naples Philharmonic 239-597-1111
 - The Schoolhouse Theater 472-6862
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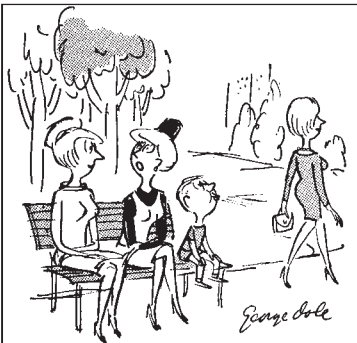
- CLUBS & ORGANIZATIONS**
- American Legion Post #38 239-332-1853
 - Angel Flight 1-877-4AN-ANGEL
 - Animal Refuge Center 731-3535
 - American Business Women Association 357-6755
 - Audubon of SWFL <https://www.audubonswfl.org/>
 - Caloosahatchee Chapter DAR 482-1366
 - Caloosahatchee Folk Society 321-4620
 - Cape Chorale Barbershop Chorus 1-855-425-3631
 - Cape Coral Stamp Club 542-9153
 - duPont Company Retirees 454-1083
 - Edison Porcelain Artists 415-2484
 - Embroiderers Guild of America - Sea Grape Chapter 239-267-1990
 - FM UDC Chapter 2614 728-3743
 - Friendship Force Of SW FL 561-9164
 - Garden Club of Cape Coral 239-257-2654
 - Horticulture and Tea Society 472-8334
 - Horticultural Society 472-6940
 - Lee County Genealogical Society 549-9625
 - Lee Trust for Historic Preservation 939-7278
 - Navy Seabees Veterans of America 731-1901
 - Paradise Iowa Club of SWFL 667-1354
 - Sons of Confederate Veterans 332-2408
 - Southwest Florida Fencing Academy 939-1338
 - Southwest Florida Music Association 561-2118
 - Kiwanis Fort Myers Beach 765-4254 or 454-8090
 - Kiwanis Fort Myers Edison 694-1056
 - Kiwanis Fort Myers South 691-1405
 - Iona-McGregor 482-0869
 - Lions Club Fort Myers Beach 463-9738
 - Lions Club Fort Myers High Noon 466-4228
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 - Rotary Club of Fort Myers 332-8158
 - Sanibel-Captiva Orchid Society 472-6940
 - United Way of Lee County 433-2000
 - United Way 211 Helpline (24 hour) 211 or 433-3900

- AREA ATTRACTIONS**
- Bailey-Matthews National Shell Museum 395-2233
 - Burrough's Home 337-9505
 - Calusa Nature Center & Planetarium 275-3435
 - Edison & Ford Winter Estates 334-7419
 - Fort Myers Skate Park 321-7558
 - Imaginarium Hands-On Museum & Aquarium 321-7420
 - JN "Ding" Darling National Wildlife Refuge 472-1100
 - Koreshan State Historic Site 239-992-0311
 - Langford Kingston Home 239-334-2550
 - Ostego Bay Foundation Marine Science Center 765-8101
 - Skatium 321-7510
 - Southwest Florida Historical Society 939-4044
 - Southwest Florida Museum of History 321-7430
 - True Tours 945-0405

To be listed in calling card email your information to:
press@islandsunnews.com

PUZZLES

Answers on page 23



"He has his father's
_____."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Stupid
ANNIE

Snatched
ELTONS

Apparel
TRASHED

Cold
TWINER

TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Root panel is different. 2. Glove is missing. 3. Sign is missing. 4. Number is different. 5. Arm is moved. 6. Sign is missing.

	1		2		4		9	
5			9			1		
		4		8				2
		9	6				4	
7				2				5
	8				3	2		
2				6			3	
	9		7			5		
		8			9			7

To Play
Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 23

Super Crossword

LUCKY
COMPLEMENT

- ACROSS

1 Statesman Kefauver

6 Psi follower

11 Very top

15 "Dancing Queen" quartet

19 Political muscle

20 Plain — (obvious)

21 You, to a Quaker

22 — rock ('70s genre)

23 "... the Sorcerer's Stone," "... the Chamber of Secrets," etc.

26 Carpentry file

27 Mr. Chips player Peter

28 Desert of the Southwest

29 Harm's way

30 Fashion line?

32 Solon of Athens, Thales of Miletus, etc.

35 "Casino Royale" actress Green

38 Director Howard

40 Sinusitis-treating doc
- 41 Bullring cries

42 Hawikuh, Cibola, etc.

47 Since Hector was —

48 Lilt syllable

51 Allow access to

52 Stole third, perhaps

53 Rhine tributary

55 Adorable sorts

57 Like tornado winds

59 WWII prez

61 C1, C2, etc.

63 Mao — -tung

64 "Beetle Bailey" dog

67 Hope that one may

69 Ueber rival

70 Great Pyramid of Giza, Colossus of Rhodes, etc.

75 "Very funny!"

77 Heavenly

78 Gin fruit

79 Paranormal skill, in brief

82 "Infant," "whining school-boy," etc.

85 Albeit, for short

87 Boxer's combo
- 89 Singer Franklin

90 Photo badges, e.g.

92 Rockies ruminants

95 Diarist Nin

96 "My Gal —"

97 — Mawr, Pennsylvania

99 Envy, gluttony, etc.

102 Trilogy, often

103 Furious

104 Little peeve

105 See 25-Down

106 Red, orange, etc.

112 Barber's sprinkle-on

115 Jetson tyke

116 Criticize petulantly

118 "Eh Cumpari" singer Julius

122 Petri dish stuff

123 100-meter hurdles, high jump, etc.

126 Romantic outing

127 Provo's state

128 "... his wife could — lean"

129 Justice Dept. employees

130 Plum pit, e.g.

131 Makes illegal

132 Acting Buddy
- 133 Number of items in each set featured in this puzzle

31 Bovine noises

33 Dandy guy

34 "Orfeo ed Euridice" composer

35 Brilliant success

36 Looks at

37 Driving a car

39 Browns' org.

43 Third of IX

44 2002 scandal company

45 PC pic file

46 Rated most likely to win

47 Sharp range ridges

48 Minutia

49 Moray milieu

50 The "A" of PDA: Abbr.

54 Sacred Egyptian cross

56 Cost to cross

58 Brit's "Inc."

60 Size again

62 Hood for a monk

65 Be rife (with)

66 Consecrate

68 Acid artisan

71 Hops kiln

72 FedEx, say

73 Hugs, in a billet-doux

74 Of kidneys

75 Actor Lukas

76 Indian tourist city

80 Sty dwellers

81 Sheriff's band

83 "Wow!"

84 Partner of Wells

86 Outmoded

88 USN jr. officer

91 Justice Antonin

93 Family

94 Sulky mood

98 Veer, as a ship

100 Many an orphan, in time

101 "Therein lies —"

102 Sawed logs

103 12 in a year

106 Digests a digest, say

107 Pool film

108 Furious

109 Channel airing hearings

110 Detox place

111 Epsom —

113 Molten flows

114 Minos' island

117 Musical pitch

119 "As seen —"

120 Eye affliction

121 The "A" of PGA: Abbr.

123 Nerve center

124 JFK guess

125 Dijon denial

1	2	3	4	5		6	7	8	9	10		11	12	13	14		15	16	17	18
19						20						21					22			
23					24						25						26			
27							28									29				
			30			31		32					33	34						
35	36	37			38		39			40			41							
42			43	44				45	46				47					48	49	50
51						52					53	54		55		56				
57					58			59	60		61		62							
63				64		65	66		67		68					69				
		70	71					72						73	74					
75	76					77							78					79	80	81
82				83	84					85		86		87		88				
89							90		91		92		93	94		95				
96				97		98			99	100					101					
					102						103				104			105		
106	107	108					109				110	111		112		113	114			
115							116						117		118			119	120	121
122						123	124						125							
126											128						129			
130											132						133			

King Crossword

- ACROSS

1 Bridge

5 Dallas hoopster, briefly

8 Untalkative one

12 Architect Saarinen

13 Inseparable

14 Reply to "Shall we?"

15 Legal document

16 Sailor

17 Privy to

18 Debriefed person?

20 Crib cry

22 Enigma

26 Mudville slugger

29 "Certainly!"

30 Half of CIV

31 Exploits

32 Goof up

33 Fine spray

34 Pickle holder

35 "— was saying ..."

36 "Olympia" artist

37 Batting position

40 Scruff

41 Help

45 Eager

47 Energy

49 Yon folks

50 Anti-fur org.

51 Before
- 52 Wheelchair access

53 Texter's sign-off

54 Last letter in London

55 Garfield's pal

9 "Chocolat" actress

10 From — Z

11 AOL rival

19 Devious

21 TV spots

23 Aleppo's land

24 French river

25 Chanteuse

26 Stephen King pooch

27 Now, in a memo

28 Peace

32 Emilio of "The Breakfast Club"

33 Address for Toscanini

35 Venomous viper

36 Roast VIPs

38 Tennis star Rafael

39 Identified

42 "If — a Hammer"

43 Big rig

44 Ilk

45 Suitable

46 Dog doc

48 Rage
- DOWN

1 Stitched

2 Andean land

3 Saharan

4 Observes

5 Slogan

6 Santa —

7 Dutch artist

8 Scale

MAGIC MAZE • NATIONAL — DAY : JUNE

T J G D D W O A X U R O L J G
D A Y S I A D Y S P U X V S P
N K I F C F E A O X E V S Q O
L J H E C F A R X Y I T V T R
P E N L (F L A G) B K F U J H F
D B V E Y E W E A R L N Y X A
V T R I T I P E S E E H C B O
M K I D L R G E D J S G B B Z
X W E U T O R Q O N L U N J I
G C F D C N R E T S B O L I A
I Y X W V G G E S O R D E R G

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: Self-Portrait With Your Phone

- Bubba Cheese

Doughnut

Egg
- Eyewear

Flag

Gingerbread

Iced Tea
- Jerky

Lobster

Olive

Red Rose
- Upsy Daisy

Waffle Iron

Yo-Yo



Mango Mignonette



Mango Mignonette
1/4 cup Fresh mango, diced very small, or chopped fine
1/4 cup quality vinegar (Champagne or similar)
1 lemon, juiced
1 teaspoon sugar

photo courtesy Fresh From Florida
1/2 teaspoon sea salt
Fresh ground black pepper, to taste
1 tablespoon fresh spicy chili pepper (jalapeno or similar), sliced paper thin or diced small
2 tablespoons red onion, diced small
2 tablespoons fresh scallion or chives, chopped fine
In a small bowl, combine all ingredients. Mix ingredients and let sit in refrigerator until ready to use. Serve as a sauce on the side of fresh shucked oysters.*

PETS OF THE WEEK



Bell ID# A913907 photos provided Lee County Domestic Animal Services

Bell And Queenie

Hello, my name is Bell. I am a brown 3-year-old female pit bull mix that is friendly and playful towards other dogs, super sweet with people and loves to work on stuffed kongs and bones. I have the most adorable, squinty face. I am presently part of our cell dog program where I am learning basic obedience commands such as sit, stay, lay down, come when called and will soon be house- and crate-trained. If you would like to meet me and adopt me upon my graduation from the cell dog program, call 533-7387 to set up a time to meet me.
My adoption fee is \$95.
Hi, I'm Queenie. I am a calico 3-year-old female domestic shorthair



Queenie ID# A921303

who is very aptly named as I think I am the queen of the castle here at Lee County Domestic Animal Services. It is quite certain if volunteers were to give me a crown, I would wear it proudly. I am your typical calico... good looking and I know it. I am quite content on my own, but when I want attention, I will let you now.
My adoption fee is waived.
Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.*

My Stars ★★★★★
FOR WEEK OF JUNE 13, 2022

Aries (March 21 to April 19)
Recently obtained information could open a new opportunity for a career change. But temper that Arian impatience and act on it only when all the facts are made available.
Taurus (April 20 to May 20)
You're moving into a more active cycle. So put your ideas back on the table, where they'll be given the attention they deserve. Expect a favorable change in your love life.
Gemini (May 21 to June 20)
A friend might ask for a favor that you feel would compromise your values. Best advice: Confront him or her and explain why you must say no. A true friend will understand.
Cancer (June 21 to July 22)
A relationship continues to develop along positive lines. Meanwhile, a job situation is brewing that could create complications for one of your pet projects. Look into it right away.
Leo (July 23 to August 22)
Your interest in a co-worker's project could lead to a profitable experience for you both. But before you agree to anything,

be sure to get all your legal I's dotted and T's crossed.
Virgo (August 23 to September 22)
Be careful whose counsel you take about a possible long-distance move. Some advice might not necessarily be in your best interest. Stay focused on your goals.
Libra (September 23 to October 22)
Someone might try to complicate efforts in an attempt to work out that confusing job situation. But don't let that keep you from sticking with your decision to push for a resolution.
Scorpio (October 23 to November 21)
A disagreement on how to handle a family problem could create more trouble for all concerned. Look for ways to cool things down before they boil over.
Sagittarius (November 22 to December 21)
An unexpected change in long-standing workplace procedure and policy could provide a new career target for the Archer to aim at. Start making inquiries.
Capricorn (December 22 to January 19)
You're finally able to get back into the swing of things, as those temporary doldrums begin to lift. Expect some surprising disclosures from

a new colleague.
Aquarius (January 20 to February 18)
Rely on your innate sense of justice to see you through a dilemma involving a family member. Other relatives who've stood back soon will come forward as well.
Pisces (February 19 to March 20)
A new friend seems to be pushing you to take risks – financial or otherwise. Best advice: Don't do it. They might have a hidden agenda that hasn't surfaced yet.
Born This Week: You love to see new places and meet new people. Have you considered working for an airline or cruise-ship company?

MOMENTS IN TIME

• On June 20, 1782, Congress adopts the Great Seal of the United States after six years of discussion. The seal depicts a bald eagle clutching an olive branch in its right talon and arrows in its left. On its breast appears a shield marked with 13 vertical red and white stripes topped by a bar of blue. The eagle's beak clutches a banner inscribed, *E pluribus unum*, a Latin phrase meaning "Out of Many One."
• On June 26, 1807, lightning hits a gunpowder factory in Luxembourg,

killing more than 300 people. When lightning struck the underground armory, two entire blocks were leveled by the blast.
• On June 21, 1916, the controversial U.S. military expedition against Mexican revolutionary Pancho Villa brings the U.S. and Mexico close to war when Mexican troops attack U.S. Gen. John J. Pershing's force at Carrizal, Mexico. The Americans suffered 22 casualties, and more than 30 Mexicans were killed.
• On June 25, 1942, Gen. Dwight Eisenhower becomes commander of all U.S. troops in the European theater of World War II. He would be appointed Supreme Allied Commander of all forces in Europe in 1943. "Ike" would later become America's 34th president.
• On June 24, 1953, Jacqueline Bouvier and Massachusetts Sen. John F. Kennedy publicly announce their engagement. Kennedy gave her a 2.88 carat diamond and emerald ring. He went on to become the 35th president and Jackie became one of the most popular first ladies ever.
• On June 22, 1964, Dan Brown, author of the *The Da Vinci Code*,



FRIDAY
Mostly Sunny
High: 85 Low: 74



SATURDAY
Mostly Sunny
High: 86 Low: 77



SUNDAY
Mostly Cloudy
High: 87 Low: 76



MONDAY
Cloudy
High: 88 Low: 79



TUESDAY
Partly Cloudy
High: 87 Low: 77



WEDNESDAY
Mostly Cloudy
High: 88 Low: 79



THURSDAY
Mostly Cloudy
High: 86 Low: 75

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	3:06 pm	11:20 pm	None	None	Fri	2:11 pm	11:22 pm	None	None	Fri	5:29 am	9:50 am	3:47 pm	11:19 pm	Fri	5:16 pm	1:43 am	None	None
Sat	4:07 pm	None	None	None	Sat	3:12 pm	None	None	None	Sat	6:13 am	10:51 am	5:07 pm	None	Sat	6:17 pm	2:36 am	None	None
Sun	8:20 am	12:11 am	5:17 pm	10:28 am	Sun	7:25 am	12:13 am	4:22 pm	10:30 am	Sun	6:54 am	12:07 am	6:12 pm	11:55 am	Sun	10:30 am	3:27 am	7:27 pm	1:44 pm
Mon	8:34 am	12:57 am	6:41 pm	12:36 pm	Mon	7:39 am	12:59 am	5:46 pm	12:38 pm	Mon	7:34 am	12:58 am	7:13 pm	1:11 pm	Mon	10:44 am	4:13 am	8:51 pm	3:52 pm
Tue	8:56 am	1:39 am	8:21 pm	2:24 pm	Tue	8:01 am	1:41 am	7:26 pm	2:26 pm	Tue	8:11 am	1:49 am	8:11 pm	2:23 pm	Tue	11:06 am	4:55 am	10:31 pm	5:40 pm
Wed	9:22 am	2:17 am	10:03 pm	3:47 pm	Wed	8:27 am	2:19 am	9:08 pm	3:49 pm	Wed	8:46 am	2:34 am	9:07 pm	3:20 pm	Wed	11:32 am	5:33 am	None	7:03 pm
Thu	9:49 am	2:52 am	11:36 pm	4:51 pm	Thu	8:54 am	2:54 am	10:41 pm	4:53 pm	Thu	9:21 am	3:14 am	10:06 pm	4:11 pm	Thu	12:13 am	6:08 am	11:59 am	8:07 pm

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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS



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Prepare For Hurricane Season

Residents should prepare their properties for hurricane season by pruning trees and shrubs to mitigate damage, and secure items that could become a projectile during a storm.

Lee County's household chemical waste drive-through, drop-off location is open 8 a.m. to 5 p.m. weekdays and also 9 a.m. to noon the first Saturday of each month at 6441 Topaz Court in Fort Myers. Residents can bring any old paint, fertilizer, pesticides or other chemicals for safe and responsible disposal.

For more information on preparing your property for a storm, visit www.leegov.com/solidwaste/hurricane.

From page 20

Moments In Time

is born in New Hampshire. Brown's bestselling novels are known for symbols, conspiracies and secret societies.

• On June 23, 1992, Mafia boss John Gotti, nicknamed the "Teflon Don," is sentenced to life in prison. Moments later, hundreds of Gotti's supporters stormed the federal courthouse in Brooklyn and overturned

and smashed cars before being forced back by police reinforcements.

NOW HERE'S A TIP

• Having a yard sale? Here's a great way to put out extra signs when you don't have a way to stake them into the ground: Write your sign advertising your yard sale on the sides of a big box. Place it where you want it, and add a large rock to the inside, then tape shut. We did this when we had no poles to tape signs to or any other way to get them to stand up. It worked really well.

— DR in Georgia

• Avoid calling the pediatrician's office on Monday mornings for routine business. Wait until the afternoon. All the parents with mildly sick children over the weekend will be calling to consult with the doctor and nurses first thing when the office opens.

• If you drop an egg, sprinkle with salt before you attempt to clean it up. The salt binds the whites, which will not spread, making pickup easier.

• My kids had kind of an obsession with colorful Duck tape in the past year, and we made some beach bags to keep our electronics safe at the pool, lake and beach. We carefully covered a variety of sizes of zipper-top self-sealing bags with the tape, creating tough, colorful pouches in which we can store cellphones, etc., to keep them safe from water damage. — WL in North Carolina

• You can sharpen scissors by cutting folded aluminum foil into small strips.

• The best time of day to water your lawn is the evening. The cooler temperatures allow the water to sink into the soil instead of evaporating with the heat of the day. Always follow your city or county guidelines on watering times for your area.

STRANGE BUT TRUE

• Boston College has a policy allowing employees' children to attend for free once they've been accepted. One janitor's five children all made it in, saving the family almost \$700,000 in tuition costs.

• At some point, you've probably promised someone you'd "be there in a jiffy," but did you know that's an actual unit of time? 1/100th of a second, to be precise.

• Bob Ross, known for his TV show *The Joy of Painting*, received up to 200 fan letters per day. If regular correspondents failed to keep in touch, he would phone them to make sure they were all right.

• The numbers on a roulette wheel, when added together, sum up to 666.

• The Eco Gym in Rochester, New York, uses cardio equipment that harvests energy from members' workouts as a means of reducing energy costs. Savings are passed on to the members as an incentive to keep coming

back for regular exercise.

• Women's fashion changed with the invention of cars, when skirts in the 1900s were shortened to allow women to step into automobiles with more ease.

• The "XXX" that is often used to signify "poison" originated from moonshiners, indicating that their alcohol had been run through the still three times and was now pure and strong.

• In Sweden, millennials are known as the "Curling Generation," after the sport in which teammates sweep the ice in front of their stone to guide it, in the same manner as parents of millennials have swept away obstacles from their children's paths.

• Since snowflakes fall at about the rate of 1.5 mph, every one you see has traveled from 45-60 minutes to reach the ground.

THOUGHT FOR THE DAY

Experience without theory is blind, but theory without experience is mere intellectual play.

— Immanuel Kant

TRIVIA TEST

1. **Geography:** Which country owns the Canary Islands?
2. **Movies:** Which movie features the song *Moon River*?
3. **Language:** What does the Latin phrase *non ducor, duco* mean in English?

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PSA

AL-ATEEN HELP LINE

Are you concerned with a friend or family member's drinking?
Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org.

4/24 ★ TFN

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6/17 ★ 6/17

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Contact Lisa 239-395-0153.

1/21 ★ TFN

After 9, it's Turtle Time!

- Turn off all lights visible from the beach
- Only use amber (red) lights at night
- Fill in any holes on the beach
- Remove all beach furniture

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